Bloomington 802 N. Linden Street 309.829.1046

MCR

Champaign 604 N. Country Fair Drive 217.366.9200

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## **Check List for OSHA Construction Silica Regulation changes**

1.	Written Exposure Control Plan	
	<ul> <li>Establish &amp; Implement a plan that identifies tasks that involve exposure and methods used to protect workers</li> </ul>	
2.	Competent Person	
	<ul> <li>Designate a competent person to implement the written exposure control plan and ensure they have the training and knowledge to act as a competent person</li> </ul>	
3.	Housekeeping	
	<ul> <li>Housekeeping procedures that limit employee exposure to respirable crystalline silica should be outlined in your written exposure control plan</li> </ul>	
4.	Medical Surveillance	
	<ul> <li>Offer medical exams every three years after initial exam for workers who are required by the standard to wear a respirator for 30 or more days per year</li> <li>Keep records of workers' silica exposure and their medical exams</li> </ul>	
5.	Worker Training	
	Workers should be trained on the health hazards associated with silica, work operations that result in silica exposure and ways to limit exposure	